

## Ms And Your Feelings Handling The Ups And Downs Of Multiple Sclerosis

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~~Description. Few people are prepared for the emotional impact of multiple sclerosis, the unpredictable, disabling chronic inflammatory condition now affecting one out of every thousand Americans. Patients typically experience fear, anger, sadness, guilt, low self-esteem and sexual dysfunction. Half of all MS patients suffer from depression, while invisible symptoms, such as "brain fog" and severe fatigue, often leave them feeling misunderstood and alone.~~

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