## Great Vegetarian Cooking Under Pressure By Lorna S Aug 17 1994

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### Great Vegetarian Pressure Cooking: Amazon.co.uk: Sass ...

Drain and rinse the beans. Place them in the cooker with water, oil (if needed), garlic, onions, bay leaves, paprika, and red pepper flakes. Lock the lid in place. Over high pressure to come down naturally or use a quick-release method.

## Lorna Sass » Great Vegetarian Cooking Under Pressure

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# Great Vegetarian Cooking Under Pressure - HarperCollins

Whether it's Risotto with Broccoli Rabe and White Beans in five minutes, or Mediterranean Vegetable Couscous in just six, these recipes lock in delicious nutrition without tying up precious time. There's even a section about the splendid desserts that are possible with the pressure cooker, like Banana Pudding Cake and Pumpkin Bread Pudding.

### Great Vegetarian Cooking Under Pressure on Apple Books

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In the cooker, combine the chickpeas, coconut milk, garlic, sweet potatoes, tomatoes, curry powder, and coriander. Lock the lid in place. Over high heat, bring to high pressure to come down naturally or use a quick-release method.

### Vegan Recipes - Thai Chickpeas

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